

Concussion Center

Specializing in Sports Related and other Concussive Injuries

<u>Instructions for Baseline Testing off Site:</u> <u>Customer Code: 9576859099</u>

- ► Close all other programs before starting the test. If you have a **pop-up blocker installed,** you will need to turn it off temporarily.
- ▲ Go to http://www.impacttestonline.com/atlanticneuroscienceconcussioncenter/
- You will be linked directly to the test website. Click on the **Launch Baseline Test** button
 - ► Enter units of measure preferred for testing
- ► Choose **Black River Middle School** for the school/organization from the drop down menu on the Sports and Health History page and enter your birth date.
 - You will be directed to a series of questions that you will need to answer before taking the test. Please answer all questions as honestly as possible.
 - ► Follow the test questions carefully. Missing key instructions or not giving the test your full attention will affect your results
- ► Put in your best effort. This is a hard test. No one gets everything right, so don't get frustrated
 - ▲ If you become confused about the directions, keep trying to do your best.
- ▶ Notify the Concussion Center 908-522-6146 if you have any problems or are unable to complete the test.

It will take approximately 20-30 minutes to complete the test. Turn off music, TV, or other background noises while taking the test.

To ensure that home-based results are accurate, a parent/guardian must supervise any student-athlete under the age of 18 during the testing procedure

If using laptop computer, must use external mouse. Troubleshooting Tips:

- ► Flash reader program needs to be on your computer. If not, downloads are available at www.adobe.com
 - ► Make sure your firewall allows downloads. And that the Internet Session Time Limit is set to at least 45 minutes.
 - Your desktop or laptop must have an internet connection and an external mouse. Do not run a laptop from the battery.

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